
Non Communicable Disease Plans and Health Systems

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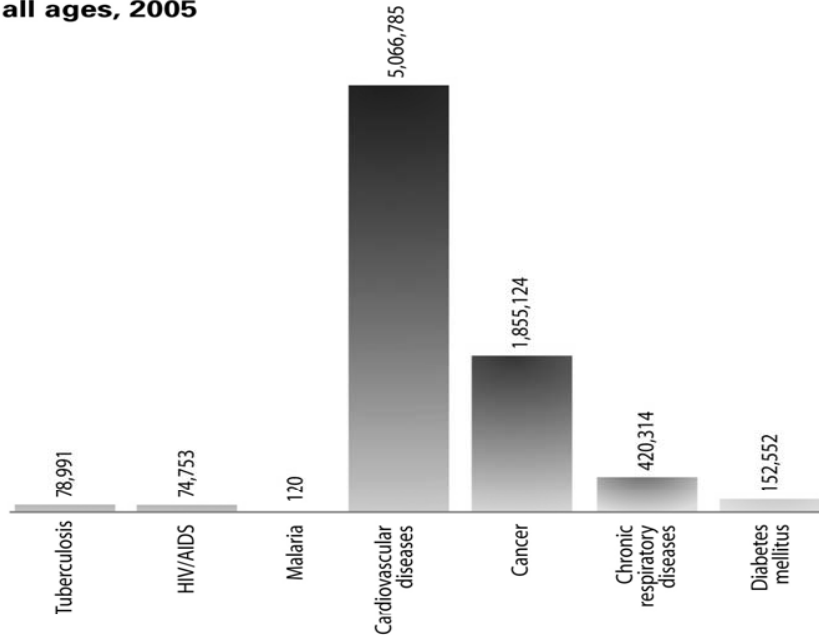
**The evidence:
burden of disease and risk factors**



Main killers in the WHO European Region

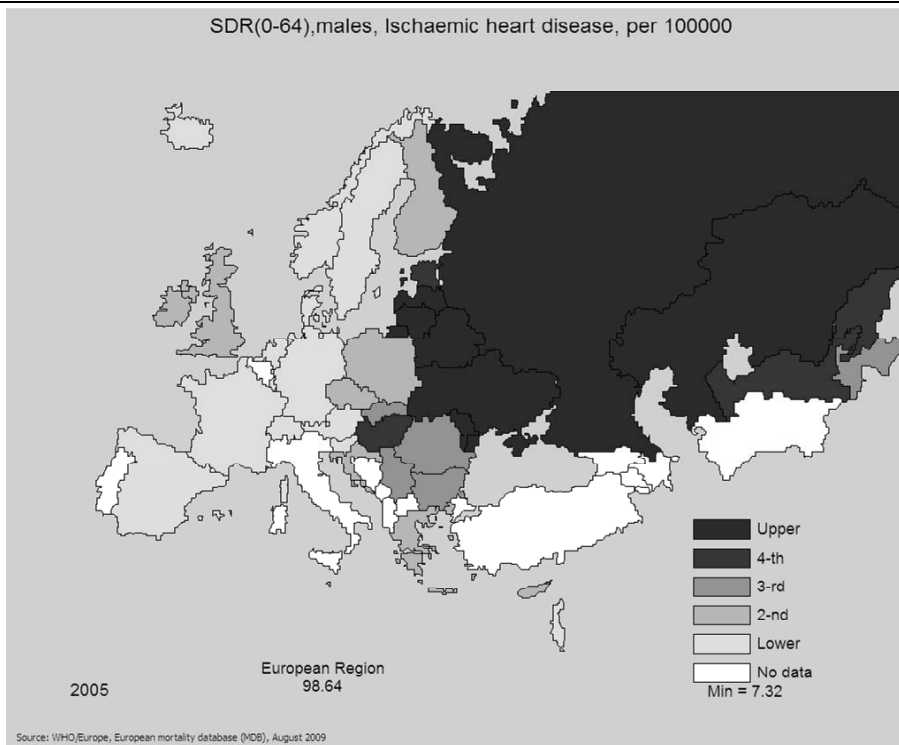


Projected deaths by cause in WHO European Region, all ages, 2005

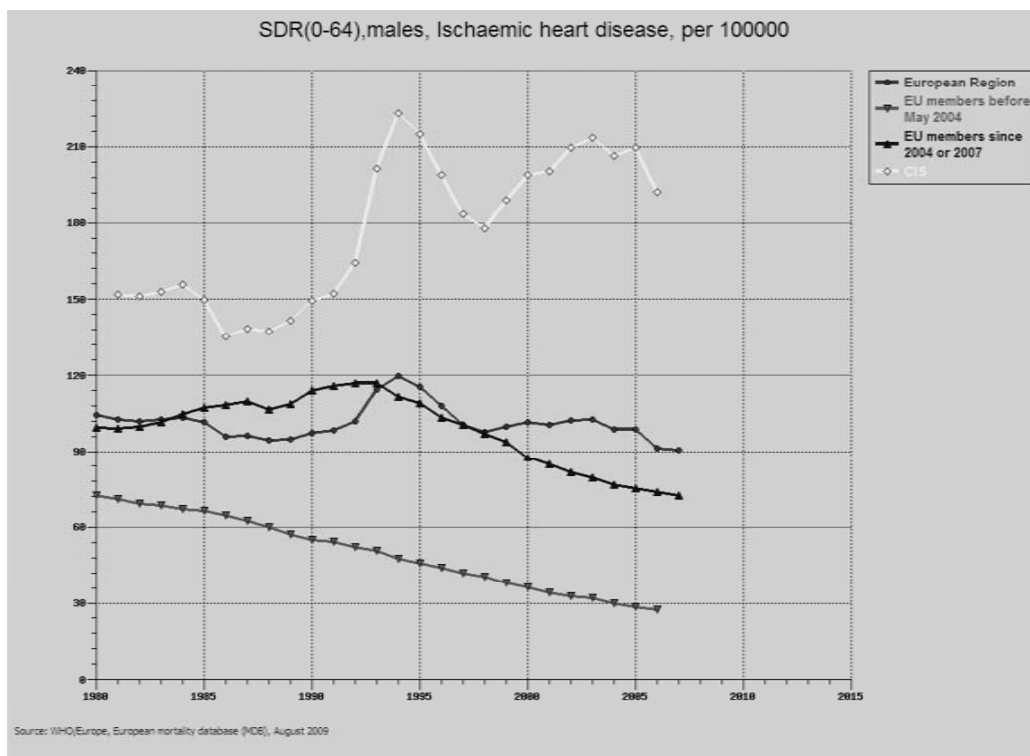


Source: *Preventing chronic diseases. A vital investment*. Geneva, World Health Organization, 2005
http://www.who.int/chp/chronic_disease_report/en/.

CVDs mortality rates between countries may differ by up to 10 times

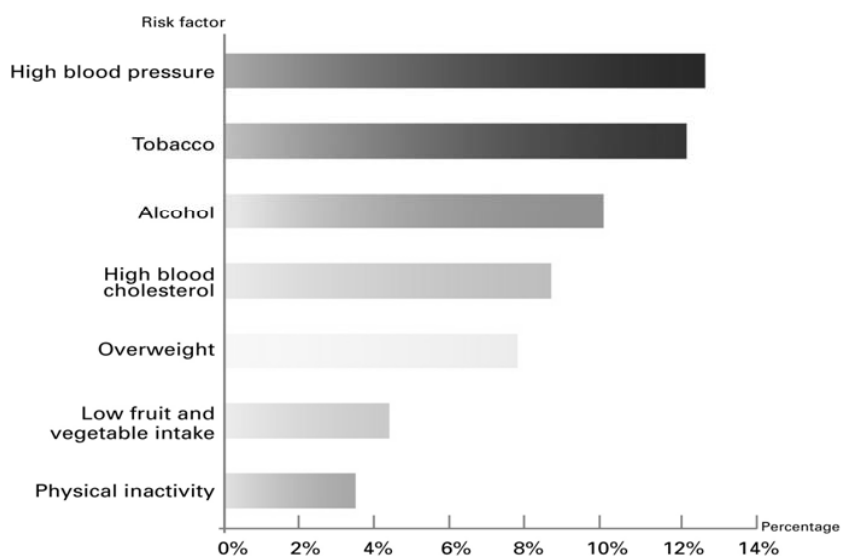


The gap has increased: the financial crisis might make recovery more difficult



The main causes are known

Proportion of total disease burden (DALYs) attributable to seven leading risk factors in the WHO European Region, 2000



Source: *The world health report 2002 - Reducing risks, promoting healthy life*

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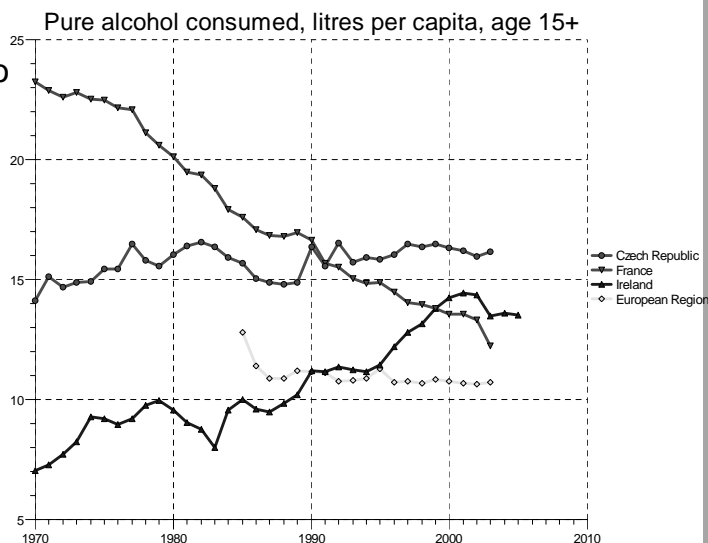
Average alcohol consumption in Europe: twice the world average



Third most important contributor to the burden of disease in the Region, after hypertension and tobacco

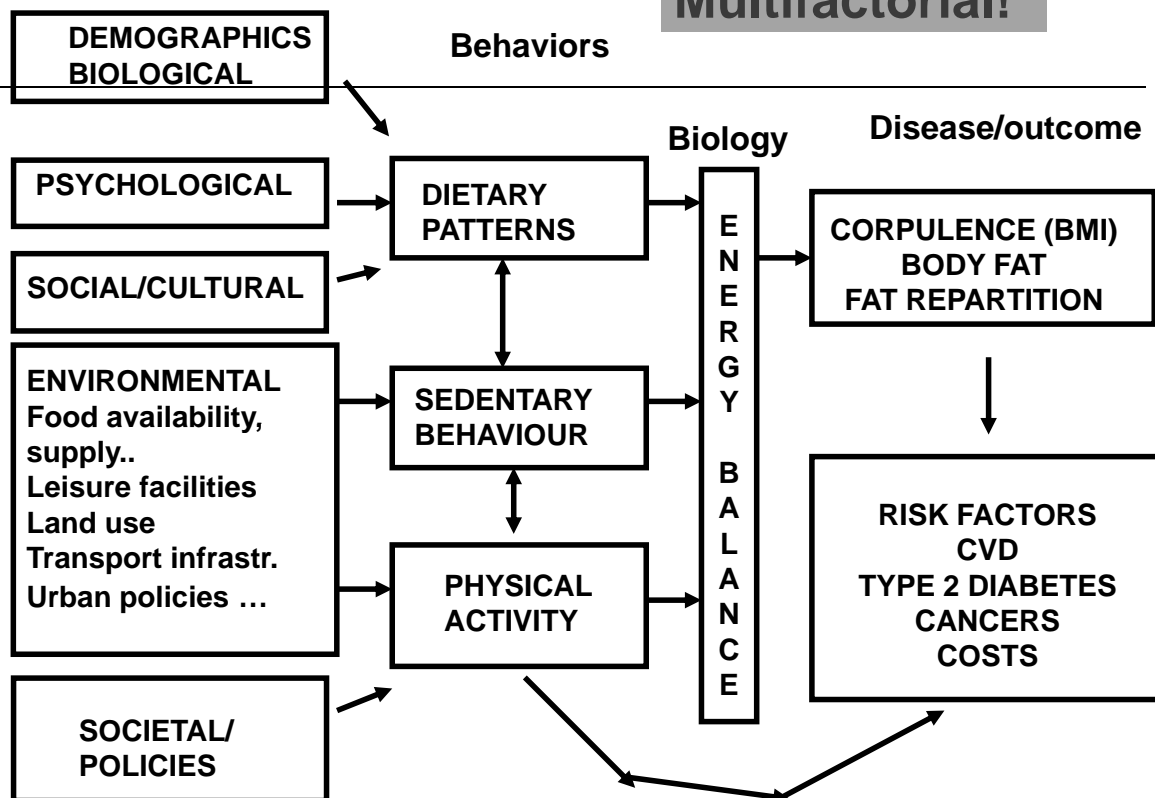
Cross-cutting risk factor for noncommunicable diseases, mental health, injuries and violence

Leading risk factor for young Europeans



Determinants/context/environment

Multifactorial!



All in all: a formidable agenda for action

- **Place and maintain** prevention and control of noncommunicable diseases, harmful alcohol consumption, tobacco, diet and physical activity high on the political and social agenda
- Develop **partnerships across sectors** and **integrated approaches**
 - tackling obesity and unhealthy lifestyles
 - implementing the Framework Convention on Tobacco Control
 - understanding and acting upon the social determinants of health
 - addressing health inequalities and the needs of vulnerable groups
 - creating environment supportive to **healthy living**
- Develop **scientific evidence and effective interventions** to support priority setting and implementation
- Strengthen **health systems capacity** towards improved prevention and control;



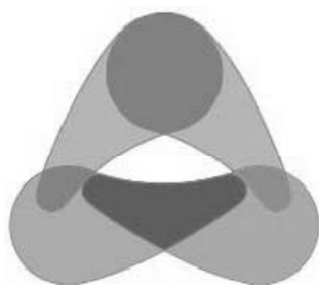
Policies and approaches for health systems at the Regional level



The common pillars of an articulated policy response

- Values: Solidarity, Equity, Participation
 - Political leadership and commitment;
 - Development of national policies, strategies and plans;
 - Forging of alliances for advocacy and action;
 - Networking and capacity building;
 - Provision of evidence and tools;
 - Research;
 - Exchange of information and good practices;
 - Surveillance and monitoring systems;
 - Development of partnerships for multisectoral action;
 - Evaluation;
 - Resource mobilization.
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Strategic Directions: Stronger health systems



The Tallin Charter: health systems for health and wealth (2008)

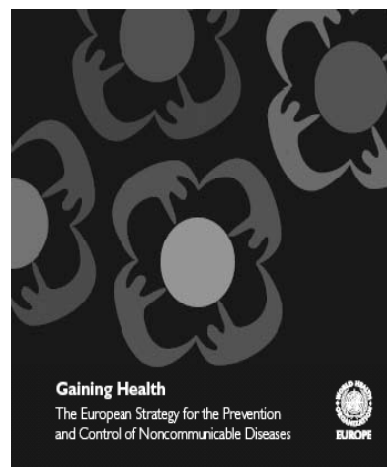
- Delivering health services to individuals and population
 - Screening and treatment for NCDs
 - Financing the system
 - Strike the balance between health care, diseases prevention and health promotion;
 - Creation of resources
 - Investment in the health workforce, generation of knowledge;
 - Stewardship
 - Promote inclusion of health considerations in all policies
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Strategic directions:

Integrated approach to tackling NCD



- **Gaining Health: The European Strategy for the prevention and control of NCDs (2006):**
 - promotes population-level health promotion and disease prevention programmes;
 - actively targets groups and individuals at high risk;
 - maximizes population coverage of effective treatment and care,



while systematically integrating policy and action to reduce inequalities in health

Strategic directions:

Addressing the risk factors through consistent multisectoral approaches



- **Tobacco control**
 - European Strategy on Tobacco Control (2002)
 - Framework Convention on Tobacco Control
- **Alcohol control**
 - Framework for alcohol policy in the WHO European Region (2005)
- **Diet, physical activity, nutrition**
 - Charter on Counteracting Obesity (2006)
 - Steps to health: a European framework to promote physical activity for health (2006)
 - 2nd European Action Plan for Food and Nutrition (2007)



What is the role of WHO?

- **Place and maintain** prevention and control of noncommunicable diseases (NCD), harmful alcohol consumption, tobacco smoke and injuries high on the political and social agendas
 - Develop **partnerships across sectors** and **integrated approaches**:
 - tackling obesity and unhealthy lifestyles
 - implementing the WHO Framework Convention on Tobacco Control
 - understanding and acting on the social determinants of health
 - addressing health inequalities and the needs of vulnerable groups
 - creating environment supportive of **healthy living**
 - Develop **scientific evidence and effective interventions** to support priority setting and implementation
 - Strengthen **health systems' capacity** to improve prevention and control:
 - emphasis on stewardship and service delivery for appropriate control, management and care
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Working in partnership with the European Commission

- Building on synergies in objectives
 - Health in All Policy;
 - EU Tobacco policy
 - European Alcohol and Health Forum
 - EU platform on Diet and Physical Activity;
 - EC White paper *“A strategy for Europe on nutrition, overweight and obesity related health issues”*
 - Youth health initiative
 - Addressing inequalities and inequities
 - Strengthening health systems governance and capacities
 - Advocating and promoting evidence-based strategies
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Opportunities and legitimacy: the time for action is NOW



- Strong commitment from several international agencies, the European Union and Member States
 - Strong legitimation of action through WHO resolutions, EC policies and strategies
 - Unexplored potential for prevention
 - Stronger-than-ever evidence to set priorities and improve implementation
 - Growing momentum for action
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Thanks for your attention!

www.euro.who.int

